

Gold Hill Evangelical Lutheran Church

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**Empowered by the Holy Spirit,
United to Serve**



The Nugget E-News

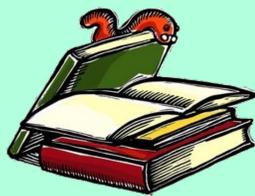
March 2, 2020

Gold Hill News

Lenten Schedule

This year we are sharing our Wednesday worship services with our sisters and brothers at Gloria Dei. We are alternating between our churches for soup & bread suppers (at 5:45 PM) and worship services (at 6:30 PM), starting at Gloria Dei this week on March 4. *Please see the soup & bread signup sheet in the Fellowship Hall.*

Gold Hill Choir practices Wednesdays in Lent following the evening Lenten service.



Pastor's Bible Study

Looking Ahead to Sunday (Bible Study) by Pastor Trina on Thursdays at 10:00 am and 7:00 pm. The focus looks ahead to Sunday's lessons, particularly the Gospel lesson. **Bible Lessons for March 8th are: Genesis 12:1-4a; Psalm 121; Romans 4:1-5, 13-17; and the Gospel from John 3:1-17.** No experience necessary

and each week is a stand-alone lesson so come as you are able. Bring your favorite Bible!

We Deliver - Sack Lunch Ministry

Please note! Sack Lunch Ministry WILL MEET this month on March 16th. We did not meet in January and February due to Federal holidays. There is a signup sheet in the Fellowship Hall for the donation of lunch items prior to that date. The announcement in Sunday's bulletin that there was no meeting in March was incorrect.



Butte Emergency Food Bank



The Food Bank items for March are pancake and muffin mixes. Let's tackle hunger in our community! You can bring your donation to the church to leave in the Fellowship Hall, one of the baskets at each sanctuary door, or in the church office. Thank you for your generosity in supporting our local Food Bank. Everything you do helps to feed someone who is hungry.

Calendar:

GHELC Women's Book Club
meets at 10:00 am
Monday, March 2

Chateau Quilters
meet 10:00 - 4:00
Tuesday, March 3

Executive Committee
meets at 5:30 pm
Tuesday, March 3

LWR Quilters
meet at 9:30 am
Wednesday, March 4

Soup & Bread Supper
at 5:45 pm and
Lenten Service
at 6:30 pm
at Gloria Dei
Lutheran Church
Wednesday, March 4

Gold Hill Choir
meets after
Lenten
Service on
Wednesday, March 4

Overeaters Anon.
meets at 6:15 pm
Wednesday, Mar. 4
Al-Anon
meets at 7:30 pm
Wednesday, Mar. 4

Pastor's Bible Study
meets at 10 am & 7 pm
Thursday, March 5

Copper Cloggers
meet 1 - 4 pm
Thursday, March 5

Worship & Music
meet at 6:00 pm
Thursday, March 5

Overeaters Anon.
meet at 5:00 pm
Friday, March 6

Montana Synod News

Pastoral Care for LPAs (and lay ministers) with Pr. Grant Barnett Christenson



Topics Covered will include:

Hospital visitation - How to make a meaningful hospital visit under various circumstances such as:

- When someone is in hospice.
- When someone is receiving cancer treatment.
- When someone has suffered a trauma.

Suicide - It's not "if" you will encounter a suicide, but "when."
-Support for survivors.

-Dealing with the emotional fallout when a community member dies by suicide.

-Addressing the stigma when someone dies by suicide and no one wants to talk about it.
-Suicide prevention.

Making parish pastoral care approachable:

- Greeting card ministry.
- Doing a friendly "check in."
- Creating a pastoral care team to help.
- Protecting the confidential situations you may encounter.
- Turn to the Lord in prayer.
- Theology of pastoral care
- Caring for others.
- Caring for ourselves.
- Following the example of our Lord.
- Together we get to be the Body of Christ.

**Saturday, March 14th from 9:30 am to 3:30 pm New Life Lutheran, Helena, MT #55
5 Contact Hours**

Go to www.montanasyndod.org/nrit.html to register.

Worship Service:

at 9:30 am

Sunday School:

at 10:45 am

Adult Education:

at 10:45 am

Coffee Hour:

at 10:45 am

Sunday, March 8

Bible Study Opportunities:

Group Study every Thursday
at 6:30 am @ Perkins
Restaurant

Women's Gather

Bible Study meets

the second Tuesday of the
month at 9:30 am at
Big Sky Senior Living
Center on Waterford Way,
in the Library

Using Lenten Rhythms to Heal Trauma

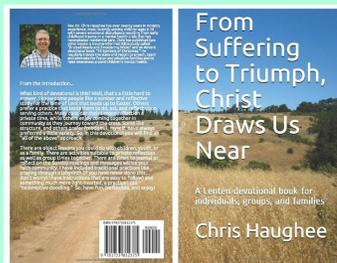
By Rev. Dr. Chris Haughee

My approach to my own personal adversity and trauma has been deeply shaped by my spirituality. I grew up in a liturgical church, which means that we kept to something called the "Church calendar" which had seasons built into it for various readings, celebrations and observances. Every late winter brought with it the experience of "Ash Wednesday" that led into Lent, a time of self-examination, observance of disciplines and practices that framed human suffering into a larger context, a grand spiritual "meta-narrative."

Now, as an adult and a ministry leader to children deeply affected by adversity and trauma, I can see where not every message I internalized as a youth through these experiences was helpful or redemptive. Still, I think that the observance of Lent--especially within the context of community--is an extremely powerful way to build resilience, encourage authentic spirituality, and discuss human suffering and redemption in ways that can bring healing and hope. My wrestling through these issues personally has led me to create a resource that I believe may be of use to those brand new to the observance of Lent, while also bringing a freshness and innovation to those that have been practicing Lenten observance for many years.

In my new Lenten devotional book, *From Suffering to Triumph Christ Draws Us Near* (found [HERE](#)), I have gleaned lessons and practices I have used over my years in ministry to commend an observance that I think would be of benefit to you, your church, your small group or Sunday school class.

In addition to the book being available on Amazon (through the link above), I have a limited number of author's copies that I can use to do a bulk purchase and mailing for your church or small group. Reach out to me at haughee@gmail.com if you are interested.



LINKS:

[Click here to visit our growing website](#)

[Click here to visit our FB page and "like" us](#)

[Click here to support the Butte Furniture Bank](#)

[Click here to visit our Church Library Page](#)

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Interim Pastor
Trina Johnsten

Are you looking for a place to connect with a faithful community, grow in faith, and put your talents to work in serving others? Look no further, we welcome you at Gold Hill Lutheran Church! To learn more about the mission and ministry of Gold Hill Lutheran Church, please contact us at 406-723-4242.